

Summer Rowing 2011



The Quinsigamond Rowing Association proudly offers
SUMMER ROWING for
competitive collegiate rowers.

June 6th – August 1st
Canadian Henley Option
M, W, F 6:00 AM–7:45 AM
Sat 7:00AM-8:30 AM
Donahue Rowing Center
Shrewsbury MA

For Details
Contact: jasonsteele@qra.org
Or visit us at
www.qrarowing.org

Head Coach

Mike McDonald
University of Rhode Island

Cost:

Rowers: \$400.00, Coxswains: \$200.00

Includes:

- 4 coached sessions per week.
 - 8's, 4's, 2's
- Access to QRA equipment during non-coached sessions*
- Regatta entry fees

**Based on availability and daily reservation basis. Non-coxed boats may be rowed following approval of coaching staff.*